

SQ3R READING STRATEGY

The SQ3R method is a structured reading strategy that helps students actively engage with course material instead of passively reading. By previewing, questioning, reading, recalling, and reviewing, students improve comprehension, identify key concepts, and retain information more effectively.

Survey

- Preview the chapter or reading by reviewing headings, subheadings, bold terms, visuals, summaries, and key questions.
- Identify the main topics and overall structure before reading in detail.
- Create a mental roadmap to help you understand how the information fits together.

Question

- Turn headings, titles, and key concepts into questions you want the reading to answer.
- Use questions to guide your focus and identify what information is most important.
- Stay curious by asking what, why, how, and how concepts connect to what you already know.

Read

- Read actively by looking for answers to your questions and identifying key concepts.
- Highlight or annotate selectively to capture important ideas, connections, and examples.
- Pause periodically to check your understanding and summarize information in your own words.

Recite

- Close your notes or the textbook and explain the main ideas in your own words.
- Answer questions from memory to check your understanding and identify gaps.
- Summarize key concepts aloud or in writing to strengthen recall.

Review

- Revisit your notes and readings to reinforce important concepts and connections.
- Test yourself again and focus extra attention on areas that are unclear.
- Regularly review material over time to strengthen understanding and long-term retention.



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